**Patient Name:** RODRIGUEZ, VICENTE

**Date of Birth:** 10/21/1982

**Date of Service:** 06/27/2022

**History of Present Illness:**  
The patient is here for follow-up Orthopedic evaluation of left hip pain. Patient was hit on the left side by a car after parking the work truck and walking home.

The patient complains of left hip pain that is rated at 6/10 with 10 being the worst, which is sharp and shooting in nature. Pain increases with moving, sleeping, and walking. Patient also has pain in the left testicle (radiating from groin to testicle).

**Past Medical History:**  
None until after the accident.

**Past Surgical History:**  
Teeth surgery.

**Past Accident/Injuries:**

**Daily Medications:**  
Methocarbamol, ibuprofen.

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Left Hip:**  
Examination, observation, and palpation of the hip is positive for pain-limited range of motion, tenderness with muscle spasm and atrophy noted at lower extremity.

**Diagnostic Imaging:**  
09/17/2021- MRI of the left hip reveals subtle can deformity. Anterior superior labral tear extending to the superior labrum with lateral spurring of the acetabulum and mild to moderate narrowing of the lateral hip joint. Joint effusion with no fracture. Lateral soft tissue edema over the hip joint compatible with a history of prior trauma. There is no discrete hematoma.

**Assessment and Plan:**  
Diagnosis: Anterior superior labral tear, left hip.  
Plan: Left hip arthroscopy.

The patient has failed conservative management which has included physical therapy, oral medications, and injections. The MRI was reviewed with the patient as well as the clinical examination findings. I have gone over all treatment options with the patient. At this time, I have discussed the benefits and risks of left hip arthroscopy and all other related procedures with the patient. I answered all their questions in regards to the procedure. The patient verbally consents to the procedure.

The patient’s Left Hip was examined   
MRI of the Left Hip was reviewed.   
The patient at the present time is advised to obtain medical clearance.  
Patient is to return to the office postop.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**